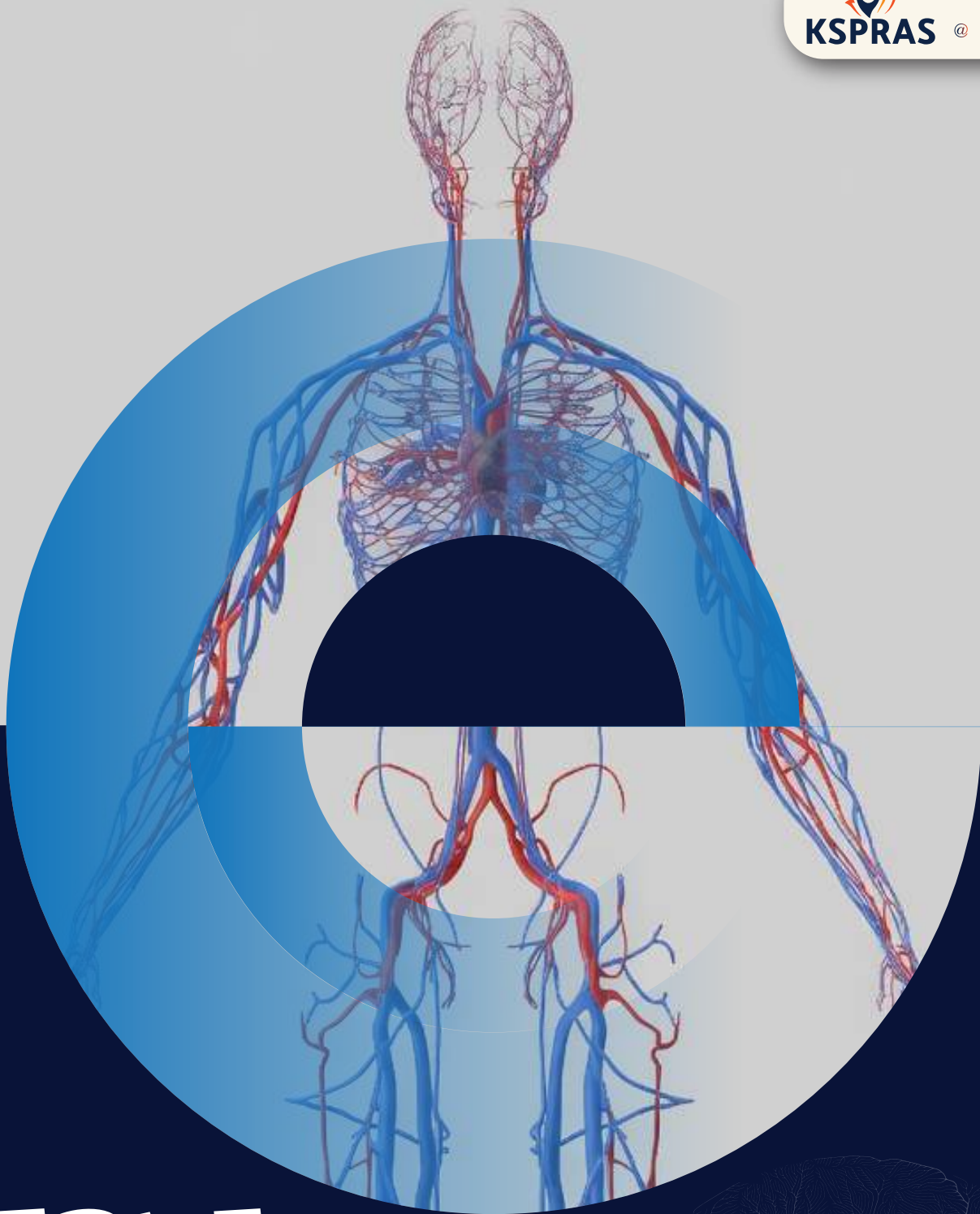
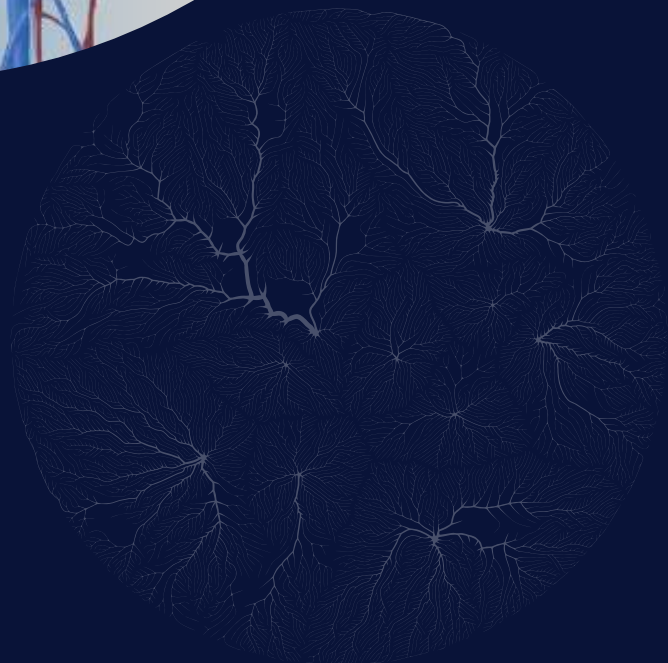




NERVE WORKSHOP 2026



Kenyatta National Hospital



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NERVE WORKSHOP

Surgeons

KSH 10,000

Residents

KSH 5,000

REGISTER HERE:

<https://tinyurl.com/ksprasnervecourse>



Kenyatta National Hospital



24th, 25th and 26th August 2026

Activities

- * Lectures - (24th August)
- * Live surgery - (25th and 26th)

Account Details

Account Name: KENYA SOCIETY OF PLASTIC AND RECONSTRUCTIVE SURGERY

KES Account No.: 2047718549

Bank: Absa Bank Kenya plc

Bank code: 03

Branch: Lavington Branch

Branch code: 049

Swift code: BARCKENX

Cheque: Kenya Society of Plastic and Reconstructive Surgery

m-pesa

Paybill Number: 303030

Account Number: 2047718549



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[@kenya_spras](https://www.instagram.com/kenya_spras)



[@kspras2026](https://www.tiktok.com/@kspras2026)



**Specialized in
Plastic, Aesthetic & Reconstructive
Surgery**

Meet Prof. Ferdinand Nangole

Professor Ferdinand Nangole is an Associate Professor specializing in plastic, aesthetic, and reconstructive surgery. He leads the Plastic Surgery thematic unit at the University of Nairobi. As one of Kenya's leading plastic surgeons, he performs a wide range of procedures. He has earned several honors, including awards for his presentations at international and local conferences and the 2013 EBOPRAS fellowship achievement.

He is also instrumental in establishing plastic surgery training and micro-vascular surgery at the University of Nairobi and has supervised over thirty MMed students and a PhD student. Prof. Nangole is the current President of the Kenya Society of Plastic, Reconstructive, and Aesthetic Surgeons.

1



**Specialized in
Hand & Nerve Surgeries, Paralysis,
and Extremity**

Meet Dr. Andreas

Dr. Andreas Gohritz is a plastic and aesthetic surgeon and hand surgeon, originally from Munich, Germany. He trained in his home country in Munich, Bad Neustadt and Hannover with fellowships abroad in Göteborg, Sweden (tetraplegia hand surgery) and Vienna, Austria (peripheral nerve surgery and bionic extremity reconstruction).

He currently works since 12 years at the University of Basel, Switzerland. His interests include hand and peripheral nerve surgery in paralysis and neuropathic pain, sensory nerve reconstruction and functional extremity restoration, especially in patients with peripheral nerve and spinal cord injury and spasticity.

2



**Specialized in
Hand & Nerve Surgeries, Neuropathic
Pain, & Upper Limb Reconstruction.**

Meet Prof. Catherine

Prof. Catherine Curtin, MD, is a Professor of Plastic Surgery at Stanford University and Section Chief of Plastic Surgery at the Palo Alto VA Medical Center. Trained at Yale University, University of Michigan, and Stanford University, she specializes in peripheral nerve surgery, nerve compression syndromes, neuropathic pain, and upper limb reconstruction.

Her work focuses on improving postoperative pain management, treating complex nerve conditions, and advancing research on nerve compression outcomes and upper extremity function.

3





**Specialized in
Bionic Extremity Reconstruction
& Neuromuscular Surgery.**

Meet Prof. Oskar

Prof. Oskar C. Aszmann is Director of the Center of Bionic Extremity Reconstruction and Vice-Chair of Plastic and Reconstructive Surgery at the Medical University of Vienna, Austria. A European Board Certified Plastic and Reconstructive Surgeon, he specializes in extremity reconstruction and has worked with Otto Bock since 2006 to advance bionic reconstruction and rehabilitation.

Appointed Full Professor in 2020, his research has been published in leading journals including The Lancet, Science, Nature journals, and NEJM. He has received several international awards and secured over €10 million in research funding from major European institutions.

4



**Specialized in
Reconstructive, Trauma, &
Global Surgery.**

Meet Dr. Nthumba

Prof. Peter Nthumba is the Head and Program Director of Plastic and Reconstructive Surgery at AIC Kijabe Hospital. He is also a Clinical Associate Professor and Director of Global Health in the Department of Plastic Surgery at Vanderbilt University Medical Center, and an Adjunct Associate Professor of Surgery at Baylor College of Medicine.

Prof. Nthumba has extensive experience in reconstructive surgery, trauma, surgical infection, and global surgery, and is actively involved in research and mentorship across Sub-Saharan Africa through initiatives such as EACH Research and the CIEPS Virtual Global Surgery Research Lab.

5



**Specialized in
Hand, Nerve, & Microsurgery for
Adults and Pediatrics.**

Meet Dr. Shady

Dr. Shady Elmaraghi, MD, is a board-certified plastic surgeon based in Nashville, Tennessee, affiliated with Vanderbilt University Medical Center.

He specializes in hand, nerve, and microsurgery, treating both adult and pediatric patients with conditions involving the upper extremities, peripheral nerves, and reconstructive surgery.

6



**Specialized in
Reconstructive Microsurgery &
Facial Reanimation.**

Meet Dr. Sinikka

Dr. Sinikka Suominen, MD, PhD, is a distinguished Associate Professor and specialist in plastic and reconstructive surgery based at Helsinki University Hospital (HUS) and Mehiläinen, Finland.

She is internationally recognized for her expertise in reconstructive microsurgery, particularly in breast reconstruction, lymphedema surgery, and complex cancer reconstruction. Dr. Suominen has made significant contributions to advancing microsurgical techniques and patient-centered reconstructive care.

7



**Specialized in
Peripheral Nerve, Migraine Surgery,
& Chronic Pain Management.**

Meet Prof. Russe

Prof. Elisabeth Russe, MBA, FEBOPRAS, FEBHS is a Senior Consultant at the Department of Plastic, Aesthetic and Reconstructive Surgery in Salzburg, Austria. Internationally recognized for her expertise in peripheral nerve surgery and reconstructive microsurgery, she trained at Massachusetts General Hospital and Harvard Medical School.

Prof. Russe specializes in the surgical treatment of chronic headache disorders, migraine surgery, and chronic pain management, while actively contributing to clinical research and postgraduate education.

8



NERVE WORKSHOP 24TH, 25TH AND 26TH AUGUST 2026 AT KENYATTA NATIONAL HOSPITAL

NAIROBI NERVE COURSE KSPRAS/DAM AUGUST 24-26

Faculty	
Prof.Ferdinand Nangole	Chairman
Dr. Andreas Gohritz	Co-chair
Dr. Dorsi Jowi	Co-chair/Coordinator
Dr. Sarah Nyakiongora	Secretary

Concept of 2-3 day-course:	
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1 Day Lectures / Patient Examination / 1-2 Days Surgery

Day 1: Monday 24th August		
Time	Lecture	Speaker
7:00-8:00	Registration & Breakfast	
8:00-8:30	Basic of Nerve Anatomy in the Upper and Lower Extremity	Prof. Ferdinand Nangole
8:30 - 9:00	Clinical Picture of Radial / Median / Ulnar Nerve Palsy	Dr. Catherine Curtin
9:00 - 9:45	Tips and Tricks during Clinical Examination	Dr. Catherine Curtin
9:45 - 10:15	Fundamental Nerve Surgery Techniques – Neurolysis, Suture and Grafting	Dr.Paolo Sassu
10:15 -10:45	Coffee Break	
10:45 - 11:20	Reliable Tendon Transfers in Radial / Median / Ulnar Nerve Palsy	Prof Peter Nthumba
11:20 - 12:00	Practical Motor/Sensory Nerve Transfers in Arm/Hand Palst	Dr Catherine Curtin
12:00 - 12:30	Neurotised Free Muscle Transfers	Prof. Ferdinand Nangole
12:30 -13:15	Lunch Break	
13:15 - 13:50	Useful Nerve / Tendon Transfers in Tetraplegia	Dr. Shady Elmaraghi
13:50 - 14.30	How to Improve Posture and of the Spastic Upper Extremity	Dr. ShadyElmaraghi
14:30 - 15:00	Pragmatic Nerve Pain Surgery (Neurolysis, Neuroma Management)	Prof Paolo Sassu
15:00 - 15:30	Easy and Effective Joint Denervation – Wrist, Hand, Knee, Ankle	Dr. Andreas Gothritz
15:30 - 16:00	How to Decompress Nerves in Shoulder, Arm and Hand	Prof. Oskar Aszmann

16.00-16:30:	Coffee Break	
16:30 -17:00	Decompression of the Peroneal / Tibial Nerves	Dr. Catherine Curtin
17:00 -17:30	Effective Tendon Transfers to Restore Knee and Foot Drop Foot	Prof. Oskar Aszmann
17:30-18:00	Successful Treatment of Pelvic and Gluteal Pain Syndromes	Prof. Oskar Aszmann
18:00-18:30	Nerve Surgery for Chronic Headache Made Easy	Prof Elizabeth Russe
20:00 -22:30	Course Dinner	
Day 2: Tuesday 25th August		
7:30-8:30 (Online)	Surgical treatment of Neurofibromatosis/ How to set up a Neurofibromatosis board	Prof. Oskar Aszmann
9:00-17:00	Theatre	All Surgeons
Day 3: Wednesday 26th August		
7:30-8:30 (Online)	Fundamantals of management of Facial Paralysis	Prof. Sinikka Suominen
9:00-17:00	Theatre	All Surgeons



You're
welcome



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